

## Report to Cabinet

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<b>Title:</b>	<b>Health &amp; Adult Social Care Select Committee – Child Obesity Inquiry</b>
<b>Date:</b>	22 October 2018
<b>Date can be implemented:</b>	30 October 2018
<b>Author:</b>	Brian Roberts, Chairman of the Inquiry Group
<b>Contact officer:</b>	Liz Wheaton, Committee & Governance Adviser
<b>Local members affected:</b>	All
<b>Portfolio areas affected:</b>	Community Engagement and Public Health and Education and Skills

*For press enquiries concerning this report, please contact the media office on 01296 382444*

### Summary

Nearly a third of children aged 2 to 15 are overweight or obese. Reducing obesity levels will save lives as obesity doubles the risk of dying prematurely. Obesity and being overweight are linked to a wide range of diseases, notably diabetes (type 2), asthma, hypertension, cancer, heart disease and stroke.

The Government published its Childhood Obesity Plan in 2016 with the aim of reducing England's rate of childhood obesity within the next 10 years. This inquiry was set-up by the Health & Adult Social Care Select Committee to examine how well Buckinghamshire is doing at tackling the issue across the whole system.

Whilst recognising there is no simple solution to this very complex area, the inquiry group hopes that this report will enable the Council to play an even greater role in facilitating change through stronger partnership working leading to measurable reductions in child obesity across Bucks over the coming years.

## **Recommendations**

### **Recommendation 1 -**

**That the Council develops a vision for tackling child obesity – “Everyone’s Responsibility” to include:**

**Setting-up a Healthy Communities Partnership sub-group to develop a co-ordinated “Child Healthy Eating Action Plan” with a 1-2 year delivery plan which aligns with the Government targets to reduce child obesity.**

### **Recommendation 2 –**

**That progress on delivery of the action plan be reported to the Health & Wellbeing Board on an annual basis.**

### **Recommendation 3 (as Corporate Parents) –**

**To develop a healthy eating/cooking section in the induction pack for all Fostering and Adoption Families and signpost to support services.**

### **Recommendation 4 (as Corporate Parents) –**

**To introduce a dashboard metric to show the proportion of children in care who are obese and overweight with regular reporting to the Corporate Parenting Panel on progress on specific action plans.**

### **Recommendation 5 –**

**To ensure that the work of the Prevention at Scale pilot be used to shape and inform the work of the Healthy Communities Partnership.**

### **Recommendation 6 -**

**To explore other innovative approaches to the National Child Measurement Programme, including Manchester’s approach and consider the feasibility and benefits of such approaches for Bucks, whilst continuing to deliver the NCMP in accordance with national protocol.**

### **Recommendation 7 –**

**To develop a “suite of projects with costs” which can be used by the Local Area Forums as part of their Local Priorities Funding discussions. The project list could include a series of cooking workshops for most deprived children to providing gardening tools and seeds for a community allotment.**

### **Recommendation 8 -**

**To act as the co-ordinator/facilitator of the Healthy Pupils Capital Programme to ensure the money is allocated and used to make a difference. Provide guidance to schools on how the money can be used, based on the Government’s guidance.**

### **Recommendation 9 -**

**To write a letter to the Department for Education in support of introducing the new voluntary healthy rating scheme for primary schools as soon as possible and for it to be used by Ofsted as part of the inspection criteria.**

### **Recommendation 10 –**

**To support schools to deliver the PSHE curriculum in a consistent and coherent way across Buckinghamshire.**

## Recommendation 11 –

- a) To create “Child Healthy Eating” ambassadors within the Early Years setting and in schools (with the help of the Early Years Providers and School Liaison Officers) who can drive the key messages around the health benefits of providing healthy food to their local communities;
- b) To develop strong messages for specific communities, for example, Mosques, Churches, GP surgeries, Hospitals (pre-natal and antenatal clinics and maternity wards), Libraries, Parish and Town Councils
- c) Work with the PSHE Leads in schools to devise a training module for Head teachers and School Governors around the importance of healthy eating/cooking and healthy choices in schools in conjunction with those who can deliver this.

### **A. Narrative setting out the reasons for the decision**

See report as set out in Appendix 1.

### **B. Other options available, and their pros and cons**

As above.

### **C. Resource implications**

The proposal can be “contained within existing resources”.

### **D. Value for Money (VfM) Self Assessment**

As above.

### **E. Legal implications**

None

### **F. Property implications**

There are no property implications.

### **G. Other implications/issues**

None

### **H. Feedback from consultation, Local Area Forums and Local Member views**

N/A

### **I. Communication issues**

Cabinet’s response to the recommendations will be published.

### **J. Progress Monitoring**

Where recommendations are agreed by Cabinet, the lead officer for each recommendation will be asked to provide a written progress update to the lead Cabinet Member. The Cabinet Member and relevant officers will be invited to the Select Committee to follow-up on the progress of the recommendations at 6 & 12 months.

## **K. Review**

As stated above.

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### **Background Papers**

None identified

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### ***Your questions and views***

*If you have any questions about the matters contained in this paper please get in touch with the Contact Officer whose telephone number is given at the head of the paper.*

*If you have any views on this paper that you would like the Cabinet Member to consider, or if you wish to object to the proposed decision, please inform the Democratic Services Team by 5.00pm on 19 October 2018. This can be done by telephone (to 01296 382343), or e-mail to [democracy@buckscc.gov.uk](mailto:democracy@buckscc.gov.uk)*